EPA Indicts Formaldehyde, 7 Years Later

Formaldehyde, a chemical used in research laboratories and in the manufacture of plywood and particle board, is "a probable human carcinogen," according to a study released by the Environmental Protection Agency (EPA) on 16 April. The agency reached this conclusion after 7 years of stop-and-go analysis, ending a long and controversial chapter in U.S. toxicology.

It was nearly 5 years ago that EPA officials, under then administrator Anne Gorsuch, tried to bury questions about formaldehyde, saying the risks were trivial. John Todhunter, then assistant administrator for pesticides and toxic substances, argued that there was not enough information on human illness to justify a high-priority review under section 4(f) of the Toxic Substances Control Act (1976).

This section of the law requires EPA to speed up its analysis and act when any data (not just those on human health) suggest that people are being exposed to a carcinogen. In this case, public health scientists said that a study released by the Chemical Industry Institute of Toxicology (CIIT) in 1980 required action. The study showed a significant, dose-related incidence of nasal cancer in rats exposed to formaldehyde.

EPA did not act. An environmental group sued, demanding compliance with the law. Todhunter eventually left the agency in the ebb tide that swept out Gorsuch, and EPA promised in 1984 that it would conduct a regulatory review. The study given to reporters last week is the result.

Ironically, EPA has chosen to base its new calculation of health risks squarely on the CIIT study of 7 years ago. The numbers are not new. The main addition is the batch of epidemiological studies showing that exposure to formaldehyde appears to be causing cancer in humans. Nine out of 28 studies reviewed by EPA showed a significant association between respiratory system cancers and exposure to the chemical. The studies were done in factories where the exposure is likely to be high.

Charles Elkins, the newly named director of EPA's office of toxic substances, referred to the epidemiology as "limited evidence" of the chemical's ability to produce cancer in humans. In contrast, the animal data are "sufficient evidence"—stronger proof of carcinogenicity. Taken together with microbial and genetic tests, Elkins says, the data are conclusive. The agency's Scientific Advisory Board and other reviewers endorse the finding. The formaldehyde study will now be used as a model of risk analysis.

However, EPA's response represents a "real failure of the system," according to Jacqueline Warren of the Natural Resources Defense Council, the group that sued EPA over inaction on formaldehyde. Although some of EPA's controversial political appointees have departed, she says, their policies have not. The belief that human data are needed to justify regulatory action lives on in this case. EPA no longer tries to prevent illness caused by controversial pollutants, she argues, but waits for evidence of human injury. In her view, this is "a real retreat" from the government's cancer prevention policy of the late 1970s.

Meanwhile, the Formaldehyde Institute "absolutely does not agree" with EPA's findings, according to its president, John Murray. Pointing to flaws in the epidemiological work, Murray claims the agency has "inadequate data" on which to act. Formaldehyde has been in common use for 90 years, he says, and if it were a carcinogen, "I think you'd see people dropping left and right," but "we don't see clusters of cancer in this industry." He says EPA is indulging in "scape tactics" and conducting "regulation by the news media."

EPA so far has proposed no regulations. Elkins hopes to make a decision on this "sometime this summer." He points out that other government agencies have already taken action to reduce the use of formaldehyde-based glues in plywood and particle board. Use of urea-formaldehyde foam for insulating houses stopped in the late 1970s. One area where urgent action may be required is in the garment industry, where an estimated 777,000 workers are exposed to relatively high levels of formaldehyde.

In EPA's study, the low end of the risk table indicates that none of these workers will get cancer. But the "upper bound" or worst-case forecast is that 4662 will get cancer if all are exposed for 40 years to the maximum amount of formaldehyde permitted by the Occupational Safety and Health Administration (OSHA). Fortunately, that official limit (3 parts per million) is many times higher than the concentration actually recorded in air samples at factories, typically less than 0.5 ppm. In addition, OSHA is considering tightening the standard.

EPA's data suggest that the government cannot afford to be complacent about people living in mobile homes or other manufactured homes, either. The upper-bound analysis shows that 1170 mobile home residents and 630 people in "conventional" homes will get cancer as a result of exposure to formaldehyde if nothing is done to reduce their exposure.